

August 28, 2015

DOH-OKALOOSA OBSERVES SEPTEMBER AS NATIONAL PREPAREDNESS MONTH



Contact:

Ryan Mims

OkaloosaPIO@flhealth.gov

850-833-9240 x 2162

850-420-2198

Ft. Walton Beach, Fla.— The Florida Department of Health in Okaloosa County (DOH-Okaloosa) is observing September as National Preparedness Month in order to remind residents of easy ways to keep their families prepared and safe during emergencies. DOH-Okaloosa will be releasing weekly messaging to media outlets and community partners to help spread the word about the importance of emergency preparedness.

“It is imperative that community members stay vigilant before, during, and after hurricane season. Most disasters do not come with a warning and the only way to increase your chances of survival is to remain prepared. Stay tuned in the following weeks for specific messages to help you and your family get ready.” stated Katie Holbrook, Public Health Preparedness Section Chief for DOH-Okaloosa.

The overall theme of the month is **Preparedness Ready means a healthy plan for yourself, the family, kids and pets too! It’s that simple!**

The following is the schedule of press releases and topics:

- Week 1—Personal Preparedness
- Week 2—Education and Training
- Week 3—Emergency Preparedness Kits
- Week 4—Prepar-a-thon/Know Your Local Risks
- Week 5—Are you prepared?

For more information, please visit www.HealthyOkaloosa.com

About the Florida Department of Health

The department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

Follow us on Twitter at [@HealthyFla](https://twitter.com/HealthyFla) and on [Facebook](https://www.facebook.com/FloridaHealth). For more information about the Florida Department of Health please visit www.FloridaHealth.gov.

###