

Reading Your Receipt

Your remaining balance will be listed at the bottom of your cash register receipt. Here is what you will be able to purchase with each item on the receipt:

Milk

- 1.00 gal = 1 gallon
- 0.75 gal = 96 oz jug OR 1 half-gallon + 1 quart
- 1.00 hgl or 0.50 gal = 1 half-gallon
- 1.00 qt or 0.25 gal = 1 quart
- 1.00 can = 12 oz can evaporated milk

Cheese

- 1.00 lb = 16 oz or 1 pound package

Whole Grains

- 1.00 lb = 16 oz 100% whole wheat bread
- 1.00 lb = 14-16 oz bag/box brown rice
- 1.00 lb = 16 oz corn tortillas

48 oz Juice

- 1.00 btl = 48 oz bottle
- 1.00 btl = 11.5-12 oz can concentrate
- 2.00 btl = 96 oz bottle

64 oz Juice

- 1.00 btl = 64 oz (half-gallon) bottle/jug/carton
- 2.00 btl = 128 oz (one gallon) bottle/jug

Breakfast Cereal

- 36.00 oz = up to 36 oz breakfast cereal purchased in 11 to 36 oz boxes or bags

Beans

- 1.00 bag = 16 oz bag dry beans or four 15-16 oz cans
- 0.75 bag = three 15-16 oz cans
- 0.50 bag = two 15-16 oz cans
- 0.25 bag = one 15-16 oz can

Peanut Butter

- 1.00 jar = one 16-18 oz jar peanut butter

Large White Eggs

- 1.00 doz = one dozen eggs

Light Tuna/Pink Salmon

- 30.00 oz = up to 30 oz light tuna/pink salmon purchased in 5 to 14.75 oz cans

Fruits & Vegetables

- 10.00 \$\$\$ = Fresh, frozen, or canned fruits and vegetables up to the dollar value listed

Keep your receipt to know the balance and the dates to buy your WIC foods.