

Suggested Items for Persons in a Special Needs Shelter

What Clients Should Bring:

- A list of your current medications and at least a 3 day supply of the medications
- Documentation of specific medical information
- Medical equipment
 - Oxygen supplies
 - Nebulizers
 - Canes/Wheelchairs
 - Diabetes equipment
 - Glucose meter/strips
 - Insulin/syringes
 - Other insulin supplies
 - Non-perishable dietary items
 - Special dietary foods if required
- Electronic equipment
- Personal Care
 - Clothing/Undergarments
 - Socks/Shoes (durable)
- Personal hygiene items
 - Soap/shampoo/Deodorant
 - Toothpaste/toothbrush
 - Brush/comb
 - Wash cloth/Towel
 - Sleeping Bag
- Non-perishable food/snacks
- Pillow
- Blanket
- Important papers
 - I.D. with current address
- Entertainment items
 - Books
 - Magazines
 - Toys
 - Cards
 - Games
- Infant care items
 - Formula
 - Food
 - Diapers
- Personal equipment
 - Eyeglasses
 - Hearing aids
 - Dentures

IMPORTANT NOTE:

- ✓ If you have a mental illness, you ***must*** have an able-bodied caregiver with you or else you cannot stay at the shelter.
- ✓ **You must have your medication with you in the shelter.** You cannot be admitted without your life sustaining medications.
- ✓ If you are reliant on any medical equipment and do not come with them, you will not be admitted. We do not provide wheelchairs, walkers, and etc.

****DO NOT BRING****

Pets, Firearms,
Alcoholic Beverages or
Perishable Food Items