

# Want To Know More About Shopping Healthier?

Healthy Okaloosa has partnered with Catholic Charities and Share Our Strength Cooking Matters to help families learn more about ways to shop healthier.

## It's Easy As 1,2,3...

1. RSVP
2. Attend an hour grocery store tour
3. Complete a short survey



## Grocery Tour Dates And Times:

**Monday, June 8th Walmart- Ft. Walton Beach:  
5:30pm-7:00pm**

**Friday, June 12th, Walmart-Niceville:  
1:30pm-3:00pm**

**Monday June 15th Walmart-Crestview:  
5:30pm-7:00pm**

**Monday, June 22nd - Walmart-Ft. Walton Beach:  
5:30pm-7:00pm**

**\*\* All participants will receive a gift card from Walmart. \*\***

**\*\*\* More grocery tour dates will be available July-November 2015.**

**Please call or email Chandra Williams for future dates.**

Participants must RSVP with Chandra Williams at  
(850) 833-9240 ext. 2161 or [healthyokaloosa5210@flhealth.gov](mailto:healthyokaloosa5210@flhealth.gov)



Catholic Charities of  
Northwest Florida

Providing Help, Creating Hope, Serving All.

