

2019 School and Sports Physicals Resource Guide

CRESTVIEW

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
Crestview Health Center	800 Hospital Dr Crestview, FL 32539	(850) 682-1164	Self-pay new patient 5-11 years old - \$197 12-17 years old - \$224 Est. patient 5-11 years old - \$174 12-17 years old - \$190	Self-pay new patient 5-11 years old - \$197 12-17 years old - \$224 Est. patient 5-11 years old - \$174 12-17 years old - \$190	Yes	Yes	*If patient does not have insurance, they will do a sliding scale fee for a school physical if qualifications are met. They could call and see if they qualify– Need to provide how much they make a year and number of blood relatives that live in the house with them. Price will range from \$10 to \$30 and includes lab work. *Takes Medicaid.
Crestview Urgent Care	2400 S Ferdon Blvd. Suite A Crestview, FL 32539	(850) 398-8668	\$65	\$65	Walk-in only	Does not bill insurance	*Will bill Tricare for School-entry physical (school required) at no cost to patient. Does not apply for Sport physical.
Hankison Family Chiropractic & Acupuncture	1455 S Ferdon Blvd. Crestview, FL 32536	(850) 683-0000	\$40	\$40	Yes	Does not bill insurance	
CVS MinuteClinic	302 E James Lee Blvd Crestview, FL 32539	(850) 682-1002	\$89	\$69	No	Does not bill insurance	*Must bring health and immunization history, walk-in or hold your place in line through the online clinic locator or the CVS app
Moore Chiropractic	502 S Ferdon Blvd. Suite A Crestview, FL 32536	(850) 682-8550	\$20	\$25	Call first	Does not bill insurance	*They may be adjusting prices this year. They will call us if they adjust.
Seaside Spine (1 of 3 locations)	610 Hospital Drive Crestview, FL 32539	(850) 460-2362	\$30	\$30	walk-ins welcome	Does not bill insurance	*One phone number for all three.

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Spine Life Chiropractic	1695 South Ferdon Boulevard	(850)398-8985	\$40	\$40	Yes	Does not bill insurance	Walk-ins welcome if they have required paperwork. Form 3040 for School Physical. Form EL2 for Athletic physical. *Has a Niceville location
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DESTIN

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
Emerald Coast Chiropractic	501 Harbor Blvd, Suite C, Destin, Florida, 32541	(850) 654-1850	\$50	\$50	Yes	Does not bill insurance	*Can typically get patient in within a day
Emerald Coast Urgent Care	12598 Emerald Coast Pkwy Suite 101 Destin, FL 32550	(850) 654-8878	\$40	\$40	Walk-in only	Does not bill insurance	*Open until 8:00pm. Hours change during winter season.
Health Source Chiropractic (of Destin)	35008 Emerald Coat Pkwy Suite 202 Destin, FL 32541	(850) 654-6912	\$35	\$35	Yes	Does not bill insurance	*Hours: M-Th 8am-6pm, Lunch 12-2pm Friday 8am-12:00pm
Seaside Spine (1 of three locations)	981 Hwy 98, Suite 9 Destin, FL 32541	(850) 460-2362	\$30	\$30	walk-ins welcome	Does not bill insurance	*One phone number for all three locations.
White-Wilson Medical Center Dr. Richard Reno	990 Airport Rd Destin, FL 32541	(850) 269-6400	Depends on age and insurance \$150-\$250	Depends on age and insurance \$150-\$250	Yes	Yes	*Called a Well Child Physical - Billed as annual wellness visit. *If no insurance – 30% discount if pay upfront.

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FORT WALTON BEACH AREA

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
Drs. Frisbee & Kracht Family Chiropractic	119 Truxton Ave. Fort Walton Beach, FL 32547	(850) 862-4313	\$52 new patient, \$30 if existing patient	\$52 new patient, \$30 if existing patient	Required	Yes	*Must bring required paperwork. *They do not take Medicaid and United Healthcare.
Gulf Coast Immediate Care Center	345 Miracle Strip Pkwy SW Fort Walton Beach, FL 32548	(850) 244-3211	\$65	\$65	No	Does not take Medicaid	*Can bill for school physical under "annual preventative" depending on insurance.
HealthSource Chiropractic North	315 NE Racetrack Rd Fort Walton Beach, FL 32547	(850) 200-4911 Fax # (855)410-4911	\$35	\$35	Preferred	Does not bill insurance	*The business has Spanish speaking employees *Also provides Department of transportation physical for \$80 unless you work for the county-\$50. www.healthsourcefwb.com
Integrity Chiropractic	431 E Hollywood Blvd Mary Esther, FL 32569	(850) 864-5300	\$35	\$35	Highly encouraged	Does not bill insurance	*If patient needs a sport and a school physical, one of these will count for both. They have the required forms in office. <u>*Hours:</u> Monday: 8-12, 2-6 Tuesday 2-6 Wednesday 8-12, 2-6 Thursday 8-9, 2-6 Friday 8-12
M&M Chiropractic	350 D Racetrack Rd NW Fort Walton Beach, FL 32547	(850) 863-1920	\$35	\$45	Preferred	Does not bill insurance	*Doctor not available Tuesdays all day and Friday afternoons.

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MinuteClinic	71 Mary Esther Blvd, Mary Esther, FL 32569	(850) 301-0677	\$89	\$69	No	Does not bill insurance	*Must bring health and immunization history, walk-in or hold your place in line through the online clinic locator or the CVS app
Nightingale Health Care	151 Mary Esther Blvd Suite 408 Mary Esther, FL 32569	(850) 533-6244	\$35	\$35	Yes	Does not bill insurance	*Web address: www.nhcfwb.com
Quality Urgent Care and Wellness	514 Mary Esther Cutoff Fort Walton Beach, FL 32548	(850) 226-8550	\$50	\$50	Walk-in only	Does not bill insurance	*For the school physical, they require the FL shot records. *Also, bring eye glasses if they wear them.
Seaside Spine (one of three locations)	208 Mary Esther Boulevard Mary Esther, FL 32569	(850) 460-2362	\$30	\$30	Walk-ins welcome	Does not bill insurance	*Located inside another facility called Coastline Medical - Suite 1 *Same phone number for all three locations.
White Sands Chiropractic	24 Beal Pkwy SW Fort Walton Beach, FL 32548	(850) 226-6728	\$35	\$35	Walk-ins welcome	Does not bill insurance	*Open Monday, Tuesday, Wednesday, & Friday from 9am-12pm and 2pm-6pm. Closed on Thursdays. *Does not provide physicals for youth under 4 years old.
White-Wilson Medical Center (Pediatrics)	1005 Mar Walt Dr, Fort Walton Beach, FL 32547	(850) 863-8100	If self-pay \$210-220.	If self-pay \$210-220	Required for primary care	Yes	*They do provide all of paperwork. *Prices may vary depending on insurance *Does not take Humana FL Medicaid

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NICEVILLE

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
EasyCare Walk-in Clinic <i>(located in the Palm Plaza Shopping Center)</i>	1049 John Sims Parkway East, Suite 2 Niceville, FL 32578	850-424-3600	\$35.00	\$25.00	No, walk-in hours available	Does not accept insurance See Notes* for more info	Walk-in Hours are: <ul style="list-style-type: none"> ➤ Mon.-Fri. 4pm-8pm ➤ Sat. 12pm-6pm ➤ Sun. 12pm-3pm *This is a Flat Fee clinic. Any treatment provided is part of the fee-no additional charges. Missed Walk-in hours? Text "Easy Care" to 850-368-6622 to reach an on-call provider and schedule an appt. after walk-in hours. The ON PROVIDER will call back to assess patient needs and schedule an appt., same day if possible, or the next day if the patient cannot attend during walk-in hours. But, provider availability is only between 6am and 8pm.

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Access Medical Group	4554 E Highway 20 Niceville, FL 32578	(850) 897-1824	\$93-&199	\$93-\$199	Yes	See Notes*	*Physicals are only available for existing patients- They are currently taking new patients. *Health Insurance – they take TriCare and Medicaid. For all others, payment is due up front. Cost dependent on amount of time spent with physician.
Spine Life Chiropractic (Formerly Ed Johnson Chiropractic)	600 John Sims Pkwy E Niceville, FL 32578	(850) 729-8050	\$40	\$40	Yes	Does not bill insurance	*Walk-ins welcome if they have required paperwork. Form 3040 for School Physical. Form EL2 for Athletic physical. *Has a Crestview location
Emerald Waters Medical Clinic	1005 West College Boulevard, B, Niceville, FL 32578	(850) 279-6815	\$45	\$35	Appointments required	Yes.	*Patients 12 years and older only. *Medicaid - only taking Humana
CVS Minute Clinic	4562 E Hwy 20 Niceville, FL 32578	(850) 897-8550	\$89	\$69	No	Does not bill insurance	*Must bring health and immunization history, walk-in or hold your place in line through the online clinic locator or the CVS app.
Niceville Family Practice	4400 State Hwy 20 E, Suite #201 Niceville, FL 32578	(850) 897-3678	\$35	\$35	Appointments preferred	Does not bill insurance	*Preferred to bring required paperwork filled out (they do have the forms in office)
Niceville Urgent Care	906 Palm Blvd S, Niceville, FL 32578	(850) 517-9851	\$65	\$65	Walk-in only	Does not bill insurance unless Tricare (see notes)	*Must bring the required paperwork. *Tricare will cover School physicals for youth ages 5-11 years old (up to two per year)

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White Wilson Medical Center at Bluewater Bay	2001 East Highway 20 Niceville, FL 32578	(850) 897-4400	\$147 if self-pay (no insurance)	\$147 if self-pay (no insurance)	If going through pediatric department, appointment is required. If going through immediate care, then walk-in is fine.	Yes, will bill insurance for the allotted amount insurance will cover	*If they have Medicaid, they must have been assigned to the clinic for primary care and must have been seen previously. *If vaccinations are not required with age group, then immediate care can provide physical, but if vaccinations are required, immediate care cannot provide them.
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SHALIMAR

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Coastal Chiropractic (Dr. Brad Young)	6 Eleventh Avenue Suite H3 Shalimar, FL 32579	(850) 613-2044	\$35	\$35	Yes	Does not bill insurance	*Limited school physicals, does not have a lab if needed.
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