

2022 School and Sports Physicals Resource Guide

CRESTVIEW

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
Crestview Health Center	800 Hospital Dr Crestview, FL 32539	(850) 682-1164	Code Based, No Self Pay	Code Based, No Self Pay	Yes	Insured Only	*You need to be an established patient. *Takes Medicaid.
Crestview Urgent Care	2400 S Ferdon Blvd. Suite A Crestview, FL 32539	(850) 398-8668	\$65	\$65	Walk-in only	No	*Only bills Tricare for School-entry physical at no cost to patient (school name required). This does not apply to sport physical.
Hankison Family Chiropractic & Acupuncture	1455 S Ferdon Blvd. Crestview, FL 32536	(850) 683-0000	\$40	\$40	Yes	No	Office hours: MTWF 8-5pm Thurs 8-12pm Lunch closure 12-2pm
CVS MinuteClinic	302 E James Lee Blvd. Crestview, FL 32539	(850) 682-1002	\$89	\$69	No	No	*Must bring health and immunization history. Walk-in or hold your place in line through the online clinic locator or the CVS app. <i>Register at CVS.com\Minute clinic</i>
Seaside Spine (1 of 4 locations)	610 Hospital Drive Crestview, FL 32539	(850) 460-2362	\$30	\$30	Walk-ins welcome	No	*One phone number for all three location in Okaloosa County.
Spine Life Chiropractic	1695 South Ferdon Blvd. Crestview, FL 32536	(850) 398-8985	\$40	\$40	Yes	No	Walk-ins welcome if schedule permits. Prefer client brings required paperwork. Form 3040 for School Physical. Form EL2 for Athletic physical. *Has a Niceville location
Spine Life Chiropractic	600 John Sims Pkwy. Niceville, FL 32578	(850) 729-8050	\$40	\$40	Yes	No	Walk-ins welcome if schedule permits. Prefer client brings required paperwork. Form 3040 for

2022 School and Sports Physicals Resource Guide

							School Physical. Form EL2 for Athletic physical. *Has a Crestview location
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DESTIN

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
Regatta Chiropractic & Laser Center	4481 Legendary Drive, STE 150, Destin FL 32541	850-424-7856	\$40	\$40	Walk-ins Welcome	No	Monday-Friday 8am-5pm. Saturdays by appointment only. Same day appointments available.
Emerald Coast Chiropractic	501 Harbor Blvd, Suite C, Destin, FL 32541	(850) 654-1850	\$50	\$50	Yes	No	*Can typically get patient in within the same day or next day *Check, cash, credit card (also has a Miramar Beach, Walton Co. location)
Emerald Coast Urgent Care	12598 Emerald Coast Pkwy Suite 101 Destin, FL 32550	(850) 409-5823	\$40	\$40	No	No	Open 9 am. to 8:00 pm
Seaside Spine (1 of four locations)	981 Hwy 98 Suite 9 Destin, FL 32541	(850) 460-2362	\$30	\$30	Walk-ins welcome	No	*One phone number for all three locations in Okaloosa County.
White-Wilson Medical Center Dr. Richard Reno	990 Airport Rd Destin, FL 32541	(850) 269-6400 *Option 4	Depends on age and insurance; typical copay is collected	Depends on age and insurance; typical copay is collected	Yes	Yes	*Vaccines are not required to be seen here

2022 School and Sports Physicals Resource Guide

FORT WALTON BEACH AREA

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
Bridgeway Health Clinics	137 Hospital Drive Fort Walton Beach, FL 32548	(850) 226-8857	Fee based on sliding scale	Fee based on sliding scale	Yes	Medicaid, Medicare, WellCare, Uninsured	*Only for current patients and the clinic is not accepting new patients as of 9/23/21. Current patients must call first. All appointments and intake are completed over the phone.
Drs. Frisbee & Kracht (sounds like croc) Family Chiropractic	119 Truxton Ave. Fort Walton Beach, FL 32547	(850) 862-4313	\$45(new)/\$30 (established) Copay with insurance	\$45(new)/\$30 (established patients) Copay with insurance	Yes	Yes	*Must bring required paperwork. *They do not take Medicaid and United Healthcare.
Gulf Coast Immediate Care Center	345 Miracle Strip Pkwy SW Fort Walton Beach, FL 32548	(850) 244-3211	\$65 18y or younger	\$65 18y or younger	No. Walk in Mon-Fri. 7-3	Does not take Medicaid	*Can bill for school physical under "annual preventative" depending on insurance.
Fort Walton Beach Chiropractic	315 NE Racetrack Rd Fort Walton Beach, FL 32547	(850) 200-4911 Fax (855) 410-4911	\$40	\$40	Yes	No	*The business has Spanish speaking employees *Also provides Department of Transportation physical for \$80. Okaloosa County employee Department

2022 School and Sports Physicals Resource Guide

							of Transportation physical for \$50. fwbchiro.com
Integrity Chiropractic	431 E Hollywood Blvd Mary Esther, FL 32569	(850) 864-5300	\$35	\$35	Preferred Walk-ins welcome, but appts strongly suggested	No	*If patient needs a sport and a school physical, one of these will count for both. Required forms are kept in office. <u>*Hours:</u> Monday: 8-12, 2-6 Tuesday 2-6 Wednesday 8-12, 2-6 Thursday 8-9, 2-6 Friday 8-12
M&M Chiropractic	350 D Racetrack Rd NW Fort Walton Beach, FL 32547	(850) 863-1920	\$35	\$45	Preferred	No	*Doctor not available on Tuesdays or Friday afternoons.
CVS MinuteClinic	71 Mary Esther Blvd Mary Esther, FL 32569	(850) 301-0677	\$89	\$69	No	No	*Must bring health and immunization history, walk-in or hold your place in line through the online clinic locator or the CVS app
Nightingale Health Care	29 G Miracle Strip Pkwy SW Fort Walton Beach, FL 32548	(850) 533-6244	\$50	\$50	Yes	No	*Web address: www.nhcfwb.com
Quality Urgent Care and Wellness	514 Mary Esther Cutoff NW Fort Walton Beach, FL 32548	(850) 226-8550	\$50	\$50	Walk-in only	No	*For the school physical, they require the FL shot records. *Also, bring eye glasses if they wear them.

2022 School and Sports Physicals Resource Guide

Seaside Spine (one of four locations)	208 Mary Esther Boulevard Mary Esther, FL 32569	(850) 460-2362	\$30	\$30	Walk-ins welcome	No	*Located inside another facility called Coastline Medical - Suite 1 *Same phone number for all three locations.
White Sands Chiropractic	24 Beal Pkwy SW Fort Walton Beach, FL 32548	(850) 226-6728	\$45	\$60	Appointment Only	No	*Open Monday, Tuesday, Wednesday, & Friday from 9am-12pm and 2pm-6pm. Closed on Thursdays. *Does not provide physicals for youth under 4 years old.
White-Wilson Medical Center (Pediatrics)	1005 Mar Walt Dr, Fort Walton Beach, FL 32547	(850) 863-8100 *Press 4	Depends on age and insurance; typical copay is collected	Depends on age and insurance; typical copay is collected	Required	Yes	*Immediate care can only provide physical if vaccinations are not required. If vaccinations are needed contact Pediatrics department for appt. *Most insurances except for Humana

2022 School and Sports Physicals Resource Guide

NICEVILLE

Provider	Address	Phone/Website	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
EasyCare Walk-in Clinic <i>(located in the Palm Plaza Shopping Center)</i>	1049 John Sims Pkwy E Suite 2 Niceville, FL 32578 Web address: www.easycarecliniceville.com	(850) 842-3128	\$55	\$55	No, but recommended Walk-in hours available; See Notes*	Does not accept insurance See Notes* for more info	Walk-in Hours are: ➤ Mon-Fri. 8am-3pm Appt. Hours are: ➤ Mon-Fri. 7am-4pm ➤ Sat. 8am-12pm *This is a Flat Fee clinic. Any treatment provided is part of the fee-no additional charges. Missed Walk-in hours? Text "Easy Care" to 850-368-6622 to reach an on-call provider and schedule an appt. after walk-in hours. The ON PROVIDER will call back to assess patient needs and schedule an appt., same day if possible, or the next day if the patient cannot attend during walk-in hours. But, provider availability is only between 6am and 8pm.
Spine Life Chiropractic	600 John Sims Pkwy Niceville, FL 32578	(850) 729-8050	\$40	\$40	Yes	No	Walk-ins welcome if schedule permits. Prefer client brings required paperwork. Form 3040 for School Physical. Form EL2 for Athletic physical.

2022 School and Sports Physicals Resource Guide

							Hours: Mon, Wed, Fri 2-5:30pm Tues & Thurs 8:30am-12pm *Has a Crestview location
Emerald Waters Medical Clinic	1005 West College Blvd. Suite B Niceville, FL 32578	(850) 279-6815	\$25	\$40	Yes	Yes	*Patients 12 years and older only. *Medicaid - only taking Humana Hours: Mon, Tues, Wed, Fri 9-5pm Thurs – Appt only Closed for lunch 12-1pm
CVS MinuteClinic	4562 E Hwy 20 Niceville, FL 32578	(850) 897-8550	\$89	\$69	No	No	*Must bring health and immunization history, walk-in or hold your place in line through the online clinic locator or the CVS app.
Niceville Family Practice	4400 State Hwy 20 E Suite #201 Niceville, FL 32578	(850) 897-3678	\$35 for self-pay Copay for insurance	\$35 for self-pay Copay for insurance	Appt only	Yes	*Preferred to bring required paperwork filled out (sometimes copies are provided in office) *New patients must establish care before a physical appt
Niceville Urgent Care	906 Palm Blvd S, Niceville, FL 32578	(850) 517-9851	\$65	\$65	Walk-in only	No *Tricare – See Notes	*Helpful if patient brings the required paperwork. *Tricare will cover school physicals for youth ages 5-11 years old (up to two per year) for active duty only.
White Wilson Medical Center at Bluewater Bay	2001 East Highway 20 Niceville, FL 32578	(850) 897-4400	Price based on age; immediate care cost is	Price based on age; immediate	Required	Yes	*Vaccines are not required to be seen here

2022 School and Sports Physicals Resource Guide

			different than pediatric care cost; copay is collected	care cost is different than pediatric care cost; copay is collected			
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SHALIMAR

Provider	Address	Phone/Website	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
Coastal Chiropractic Dr. Brad Young	1270 N. Eglin Parkway Shalimar, FL 32579	(850) 613-2044	\$35	\$35	Yes	No	*No lab work or immunizations provided.