

Healthy Behaviors OCHIP Group Meeting
Niceville City Council Chamber
208 N Partin Dr Niceville, FL 32578 & via Microsoft Teams
April 12, 2023 9:00 a.m. – 10:00 a.m.

MINUTES

Purpose: Engage Okaloosa County community members in a health improvement process through an open, two-way dialogue to reduce the number of adults engaged in substance use.

Attendees: Petra Maddens, Florida Department of Health in Okaloosa County (DOH-Okaloosa); Lauren Hobbs; DOH-Okaloosa; Lauren Anzaldo, Gulf Coast Veterans Health Care System; Denise Manassa, CDAC Behavioral Healthcare; Stephanie Wedel, Freedom Life Compass; Marlee Tucker, United Way of the Emerald Coast

Welcome & Introductions – Petra Maddens

- Petra Maddens opened the meeting and welcomed attendees.
- Petra reviewed the meeting's purpose and agenda. She also shared the results from the Community Engagement Survey from the previous meeting.
- Minutes from the March 1, 2023, meeting were reviewed and approved.

Action Plan Updates – Petra Maddens

- Petra shared the DOH-Okaloosa Public Information Officer has finished a draft of the resources rack card. The draft of the rack card is attached to the minutes document.
- The group reviewed the draft. There were no objections to color or design.
 - o Attendees suggested the QR code be linked to 2-1-1 instead of the DOH-Okaloosa resource page since 2-1-1 is up to date with contact information.
- DOH-Okaloosa will share the resources rack card draft so group members can review and suggest edits by the next meeting. The next steps will be to finalize, print, and distribute the rack card.

Action Items – Petra Maddens

- Petra opened discussion about continuing to have hybrid meetings versus going back to virtual only due to low in-person attendance.
 - Attendees stated the hybrid option is best as it allows for better networking and collaboration. The group agreed to keep meeting on the second Wednesday of each month to align with the Niceville Chamber of Commerce breakfast.

Open Discussion – All

- Denise Manassa shared CDAC Behavioral Healthcare now has staff serving students in 11 elementary schools within Okaloosa County. There is a referral process in place for parents and school staff. CDAC will be hosting opioid summits in Escambia and Santa Rosa Counties in May and June, respectively. Denise will provide additional information about these upcoming summits.
- Stephanie Wedel shared the Freedom Life Compass van will be wrapped soon and will display resource information. The new <u>Freedom House</u> women's home is opening this Saturday, April 15th. There will be an open house from 3:00PM-5:00PM. Anyone from the public can attend. The <u>Spring Soiree</u> fundraiser for Freedom House will be held



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Saturday, April 29th from 6:30PM-8:30PM. The cost to attend is \$50 per person, \$80 per couple, or \$300 per table of 8.

- Marlee Tucker shared United Way is in the process of reviewing grant applications and volunteers are still completing projects for non-profits. If you have a project you need help with, please let United Way know as soon as possible. The United Way Volunteer Celebration will be held at the Destin Community Center next Thursday, April 20th from 4:00PM-5:30PM. Admission is free for volunteers and \$10 per guest. The EmpowerHER Mental Health Seminar for Teen Girls will be held at Crestview High School on Saturday, April 22nd from 9:00AM-12:00PM.
- Lauren Anzaldo shared that the <u>Compact Act</u> expansion permits additional care for Veterans in suicidal crisis. The Gulf Coast Veterans Health Care System will be participating in events at the Suicide Prevention Conference in Bay County on September 29th.
- Petra shared that DOH-Okaloosa is hosting two online "Cost of Poverty Experiences" (COPE) sessions. The first session will be focused on socioeconomic barriers and will be held April 19th from 9:00AM-10:30AM. The second session will be focused on reintegration and will be held May 8th from 9:00AM-10:30AM. Please register for one or both of the sessions here. If you need assistance with registration, please watch this video. If you have questions or need assistance registering, please call 850-876-5226 or email MHHE.Okaloosa@flhealth.gov.
- Petra shared that Drug Endangered Children (DEC) trainings will be offered in May. All training sessions are FREE. The DEC Development Academy will be May 15th May 16th with 9:00AM-4:00PM in-person sessions. The DEC Train the Trainer will be May 17th May 19th with 8:30AM-5:00PM in-person sessions. You are welcome to attend one or both trainings. To register for the DEC Development Academy, click here. To register for the DEC Train the Trainer course, click here. The flyers for both trainings are attached.

Closing – Petra Maddens

 Petra thanked attendees for participating and asked them to complete the meeting evaluation form to provide feedback.

Next Meeting – Wednesday, May 10, 2023 at 9:00 AM at the Niceville Council Chamber

Action Items	Owners	Deadline	Status
Determine if external partners can utilize DOH-Okaloosa Opioid/Naloxone Presentation outside of OCHIP	Petra Maddens	April 14th	In Progress
Provide feedback on the draft rack card to Emily via email at Emily.Pickens@flhealth.gov	ALL	May 10th	Not started
Invite other relevant partners to next meeting	ALL	Next meeting	Ongoing

How dangerous are opioids in my community?

Drug overdose deaths in Okaloosa County have increased each year since 2019¹





The drug that caused the most deaths in Florida each year since 2018 is fentanyl²

Since 2015, Narcan (naloxone) EMS in administration by Okaloosa County has increased over 125%³



DYK many fake pills are made to look like prescription opioids such as oxycodone, hydrocodone, Xanax, or stimulants like Adderall but may contain lethal doses of fentanyl.

- Substance use dashboard: Overview. Accessed March 16, 2023. https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=SubstanceUse.Overview.

 Drugs in Deceased Persons (no date) Florida Department of Law Enforcement. Available at: https://www.fdle.state.fl.us/MEC/Publications-and-Forms/Documents/Drugs-in-Deceased-Persons (Accessed: March 16, 2023).

 Substance use dashboard: Overview. Accessed March 16, 2023. https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=SubstanceUse.Overview.

COMMUNITY RESOURCES

Mental Health

- BRIDGEWAY CENTER: PSYCHIATRY, THERAPY
- LAKEVIEW CENTER: MEDICAL RESPONSE TEAM (MRT), COUNSELING, PSYCHIATRY, TRAUMA CARE, 24/7 CRISIS SUPPORT
- 988 SUICIDE & CRISIS LIFELINE: AVAILABLE IN ENGLISH AND SPANISH
- 844-MYFLVET: FLORIDA VETERAN'S SUPPORT LINE

Substance Use

TREATMENT

- BRIDGEWAY CENTER: OUTPATIENT DETOX, CASE MANAGEMENT, MEDICATION ASSISTED TREATMENT (MAT) ALCOHOL & OPIOID
- LAKEVIEW CENTER: INTENSIVE OUTPATIENT PROGRAM, SUBSTANCE USE TREATMENT, SHALIMAR OFFICE FOR METHADONE/SUBOXONE MEDICATION MANAGEMENT
- IN-PATIENT REHABILITATION: FORT WALTON REHABILITATION CENTER & CRESTVIEW REHABILITATION CENTER, ACCEPTS MEDICARE/ MEDICAID AND OTHER INSURANCES

SUPPORT

- FREEDOM LIFE COMPASS: ADDICTION RECOVERY SUPPORT, SUBSTANCE USE PROGRAM PLACEMENT, LIFE SKILLS TRAINING, TRANSITIONAL HOUSING
- PROJECT HOPE (MEN) & SAVING GRACE (WOMEN) IN-PATIENT SUPPORT AND RECOVERY CENTER

Housing

- HOMELESSNESS & HOUSING ALLIANCE
- ONE HOPEFUL PLACE
- OPPORTUNITY PLACE (WOMEN, FAMILIES)
- HOUSING AUTHORITIES NV, FWB, CV

Health and Healthcare

- BRIDGEWAY CENTER: PRIMARY CARE
- HOPE MEDICAL CENTER: PRIMARY CARE, SLIDING SCALE
- ASCENSION SACRED HEART: CLINICAL SCREENINGS
- SIMPLY HEALTHCARE PLANS: MEDICAID, SPECIALITY MEDICAID PLAN, FLORIDA HEALTHY KIDS
- SHINE INSURANCE ASSISTANCE FOR OLDER ADULTS

SCAN THE QR CODE FOR MORE RESOURCES AND INFORMATION





DEC (Drug Endangered Children) Development Academy 101: Developing Foundational Knowledge

Children are impacted on a daily basis by their parents or caregivers substance misuse; often these children are the first impacted and the last ones to be identified and to receive services.



The National Alliance for Drug Endangered Children built the DEC Development Academy 101 to provide foundational knowledge around how drug endangered children are affected every day and everyone's role in identifying and helping them.

DEC Development Academy 101 Sessions

- May 8 from 2-4pm Virtual Orientation and Online Training
- May 15 from 9am to 4 pm (Lunch on your own)
 - DEC Awareness
 - DEC Approach
 - Local Practices
- May 16 from 9am to 4pm (Lunch on your own)
 - What We Know and What We Don't Know About Teen Suicide – Presented by Dr. Greg Hudnall
 - Intersection of DEC and Human Trafficking
 - Local Practices
- May 23 from 10am to 12pm Virtual Marijuana: The Danger Remains

Children + Drugs = RISK

Who Should Attend

Child Welfare, Law Enforcement, Prevention Professionals and Coalitions, Probation/Parole, Medical Professionals, Treatment Providers, Service Providers, Education and School Professionals, Fire, EMS,

Judges and other Judicial Staff, Attorneys and GAL's, Community Members, CASA, and Others who have a job which works with or impacts children and families

May 8 Virtual Orientation from 2-4pm

May 15-16, 2023
9am to 4pm
Crosspoint Niceville
Campus
Community Life Center,
Classroom 909-911
214 Partin Drive S.
Niceville, FL 32578

May 23 Virtual Marijuana: The Danger Remains from 10am-12pm



Training presented by



Training sponsored by



See session descriptions here.

Questions? Contact info@nationaldec.org

DEC (Drug Endangered Children) Training of Trainers

Children are impacted on a daily basis by their parents or caregivers substance misuse; often these children are the first impacted and the last ones to be identified and to receive services.

Training of Trainers provides participants with competencies



that will enable them to effectively train, facilitate knowledge acquisition, application, and skills in use of the DEC Awareness and DEC Approach training materials.

DEC Training of Trainer Pre-Requisite Requirements

- Completed DEC Awareness Training
- Completed DEC Approach Training

How to Complete Pre-Requisite Requirement

- DEC Development Academy 101
 - Virtual Mar 8 from 2-4pm
 - In-person May 15-16 from 9-4pm
 - Virtual May 23 from 10-noon
- Previously attended DEC Awareness (2hours) and Approach (2 hours) trainings

DEC Training of Trainer Sessions

- May 17-19, 2023 from 8:30-5pm
 - Seating is limited. Accepted applicants will receive training confirmation and details via email April 21.

Children + Drugs = RISK

Who Should Attend

Child Welfare, Law Enforcement, Prevention Professionals and Coalitions, Probation/Parole, Medical Professionals, Treatment Providers, Service Providers, Education and School Professionals, Fire, EMS, Judges and other Judicial Staff, Attorneys and GAL's, Community Members, CASA, and Others who have a job which works with or impacts children and families

Questions? Contact Amanda.Colwell@FLHealth.gov

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May 15-16, 2023
9am to 4pm
Crosspoint Niceville Campus
Community Life Center,
Classroom 909-911
214 Partin Drive S.
Niceville, FL 32578

May 23 Virtual Marijuana: The Danger Remains from 10am-12pm

May 17-19, 2023 8:30am to 5pm Crosspoint Niceville Campus Community Life Center, Classroom 909-911 214 Partin Drive S. Niceville, FL 32578

> DEC Academy Registration Click Here

Training of Trainers

Application Click

Training presented by



Training sponsored by



See ToT session descriptions here.

PENSACOLA OPIOID SUMMIT

HOSTED BY: CDAC BEHAVIORAL HEALTHCARE

When: June 15, 2023
Where: Sanders Beach Community Center
913 S. "I" Street
Pensacola, FL32502
Time: 9:00 a.m - 4:30 p.m

*Eventbrite Registration Required

<u>Clickhere to register!</u>





FREE Open to the Public Doors Open at 8:30am

- Keynote Speaker
- Narcan Training
- Testimony from Impacted Families
- Breakout Discussions
- Community Resources Information

Lunch Provided

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For more information contact:

Denise Manassa 850-434-2724 or dmanassa@cdac.info



OPIOID SUMMIT

FAITH LEADERS & COMMUNITY MEMBERS

Hosted by: CDAC Behavioral Healthcare

Special thanks to Immanuel Baptist Church



When: May 6, 2023
Where: Immanuel Baptist Church
4187 Hwy. 90
Pace, FL32571
Time: 8:00 a.m - 12:00 p.m

*Eventbrite Registration Required

<u>**Qickheretoregister!**</u>

FREE Open to Everyone Doors Open at 7:30am

- Keynote Speaker
- Narcan Training
- Testimony from Impacted Families
- Community Resources Information

Coffee & Refreshments Provided



For more information contact:

Denise Manassa 850-434-2724 or dmanassa@cdac.info