

Okaloosa County Health Improvement Partnership (OCHIP) Healthy Behaviors Meeting

Location: Freedom Life Compass – Niceville & Microsoft Teams Date: January 11, 2023 Time: 9:00 a.m. – 10:00 a.m.

MINUTES

Purpose: Engage Okaloosa County community members in a health improvement process through an open, two-way dialogue to reduce the number of adults engaged in substance use.

Attendees: Emily Tash, Florida Department of Health in Okaloosa County (DOH-Okaloosa); Petra Maddens, DOH-Okaloosa; Mandy Bricker, DOH-Okaloosa; Kylee Gallavan, Freedom Life Compass; Alicia Jackson, Freedom Life Compass; Vanessa Byerly, Lakeview Center; Angela Conner, Davis-Watkins Funeral Home; Allison McDaniel; DOH-Okaloosa; Christine Syfrett, DOH-Okaloosa; Stephanie Barnello, Ascension Sacred Heart on the Emerald Coast; Savannah Cobb, CAN Community Health; Anamaria Penagos, DOH-Okaloosa; Deb Willis, West Florida Area Health Education Center; Lauren Anzaldo, Gulf Coast Veterans Health Care System; Katherine Beedie, DOH-Okaloosa; Trisha Dall, DOH-Okaloosa; Denise Manassa, CDAC Behavioral Healthcare; Lisa Greear, DOH-Okaloosa; Jenna McElyea, Bridgeway Center, Inc.

Welcome & Introductions – Petra Maddens

- Petra Maddens opened the meeting and welcomed attendees.
- Petra reviewed the meeting's purpose and agenda. She also shared the results from the Community Engagement Survey from the previous meeting.
- Minutes from the November 14, 2022 meeting were reviewed and approved.

Finalize Action Plan - Kylee Gallavan and Deb Willis

- The group reviewed the goals, objectives, and strategies from the November OCHIP meeting. Kylee Gallavan led the group through a discussion of action items for each objective.
 - o Anamaria Penagos suggested changing the goal to recognize nicotine as a substance, instead of listing nicotine, alcohol, and substance use separately.
 - The group discussed differences between substance use, misuse, and abuse. Allison shared that it is recommended to use 'substance use' because substance abuse has a negative connotation and can often be used to blame, rather than recognize addiction as a disease. The group agreed to keep 'substance use'.
- Members shared they want to learn more about overdose data in Okaloosa County.
 Christine Syfrett and Kat Beedie offered to share a presentation showing 'hot spot' data.
 - o The group agreed it would be helpful to know which areas need the most help and emphasized the importance of meeting people where they are.
- Kylee suggested the group focus on social media and outreach events to share messaging from the group.
 - She shared a rack card Freedom Life Compass uses to share information about their services. She said they provide them to EMS, police, and other providers who keep them in their vehicles to use and share.



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- Stephanie Barnello said it would be beneficial to have a card like this with information about services for alcohol, nicotine, and other substances the group will work to address. The group agreed a card would be helpful.
- o Stephanie shared she could hand these cards out at the community health screenings she does each month.
- Emily will work with the DOH-Okaloosa PIO to develop a draft by the next meeting. She asked members to please email her with service information to include.
- It was also advised that resources be mindful of clients' insurance status and that some clients may be disqualified from other free-cost resources based on their legal history.
- Emily clarified that the group would like a card with resources (i.e. services) on one side and information on the other (i.e. Community Health Assessment data).

Open Discussion - All

- Petra shared DOH-Okaloosa can now provide Nicotine Replacement Therapy (NRT) to applicable clients. They will be taking NRT to community events in the future.
- Petra also stated that the Crestview Overdose Summit will be held on January 18th.
 There are speakers and breakout sessions to attend. She encouraged everyone to please register if they plan to attend.
- Kylee shared there will be a Walton County Town Hall on January 20th. Partners are
 invited to table at the event. They hope to replicate this event in Okaloosa County in
 the future.

Closing - Petra Maddens

• Petra thanked attendees for participating and asked them to complete the meeting evaluation form to provide feedback.

Next Meeting – Wednesday, March 1, 2023 at 9:00 AM at the Niceville Council Chamber

Action Items	Owners	Deadline	Status
Email information about services for rack card to Petra.Maddens@flhealth.gov	ALL	ASAP	Not started
Develop a draft rack card for the group to review at the next meeting	Emily Tash and Allison McDaniel	Next meeting	Not started
Prepare presentation to share 'hot spot' overdose data in Okaloosa County	Christine Syfrett and Kat Beedie	Next meeting	Not Started
Invite other relevant partners to next meeting	ALL	Next meeting	Ongoing