

Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



Ron DeSantis
Governor

Joseph A. Ladapo, MD, PhD
State Surgeon General

Vision: To be the **Healthiest State** in the Nation

**I AM A CLOSE CONTACT TO A CASE OF COVID-19 &
I AM FULLY VACCINATED
OR
I AM WITHIN 90 DAYS OF A RECENT COVID-19 INFECTION**

If you came into close contact with someone with COVID-19, you do not need to quarantine if you are in one of the following groups:

- You are ages 18 or older and have received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people. You are considered fully vaccinated.
- You are ages 5-17 years and completed the primary series of COVID-19 vaccines. You are considered fully vaccinated.
- You had confirmed COVID-19 within the last 90 days (you tested positive using a viral test).

Close Contact: Someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes)

FIRST:

What is the date of your last close contact with a person who has COVID-19? _____?

Now get a calendar and identify 5 days from your last date of close contact (For example: last date of contact was August 1, 2021, that is Day 0. So, 5 days from contact is August 6, 2021).

- Write down the date which is 5 days after the last contact: _____.

On your calendar, identify 10 days from your last date of close contact (For example: last date of contact was August 1, 2021, that is Day 0. So, 10 days from is August 11, 2021).

- Write down the date which is 10 days after the last contact: _____.

SECOND:

I am fully vaccinated, and I am well with no symptoms.

- You are exempt from staying home during quarantine.
- You should wear a well-fitting mask around others for 10 days from the date of your last close contact with someone with COVID-19.
- If at any time during the 10-day period you develop symptoms, get tested immediately and isolate until you receive your test results. If you test positive, follow isolation recommendations.

I recovered from COVID-19 infection in the past 90 days, and I am well.

- You are exempt from staying home during quarantine.
- You should wear a well-fitting mask around others for 10 days from the date of your last close contact with someone with COVID-19.

If you have a serious chronic medical condition and become ill with COVID-19 symptoms, you may be at risk for more severe illness from COVID-19. Please call your doctor for additional guidance.

You may call the health department with questions at 850-344-0567.

01/05/2022

**Florida Department of Health
in Okaloosa County**

221 Hospital Dr. NE Fort Walton Beach, FL 32548
PHONE: 850-833-9240 • FAX: 850-833-9258

FloridaHealth.gov



Accredited Health Department
Public Health Accreditation Board