



# The RESPONDER

Okaloosa-Walton  
Medical Reserve Corps

FIRST QUARTER NEWSLETTER • JULY-SEPTEMBER 2018

## OWMRC CONTACTS

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The Everbridge System is used to notify our members of emergency activations or when there may important information that needs to get out to our membership. We perform a quarterly drill in order to test our capability to reach our membership.

If you are a new member and have not received a email message from Everbridge, please let us know. We are looking to get everyone into the system. The Florida DOH through the Health Alert Network (HAN) uses it to poll statewide for assistance like during Hurricane Irma.

If you are not receiving a call down from Everbridge and you are listed as a deployable volunteer, we need to update your information. We have members who are not registered. It is important to stay current with your contact info so in case there is an alert or activation to respond, you are receiving the call, email or text. There is also an App for Everbridge!

## OWMRC END-OF-YEAR MEETING RECOGNIZING OLD AND WELCOMING NEW MEMBERS

During our OWMRC End-of-Year Meeting, the leadership addressed a great gathering of veteran members as well as many new recruits to discuss the previous year; recognize the good works and many hours of volunteer-ism for the programs we support; and welcome in our newest members with their Go-Bags and deployable certificates. We were even able to squeeze in a new member orientation for those who are just starting. "We have a great group of folks willing to help make a difference in the community," OWMRC Team Leader Kirk Webb told the group gathered in the DOH-Okaloosa Auditorium.

The meeting started with a presentation from Carrie Ziegler, our Health Department's Assistant Director. She discussed Drug-Endangered Children Awareness and Prevention. The presentation was very informative and very heartbreaking at the same time. We all have a responsibility to protect our children, and learn how to recognize some of the warning signs of abuse or neglect in our communities. She also covered the responsibility of all responders and volunteers for mandatory reporting of child endangerment, abuse, or neglect to the proper authority. Thanks Carrie for a great presentation!



We then recognized those volunteers who put in a bunch of hours over the past year for responses, classes, and meetings. We also awarded certificates of appreciation to those who provided hours to our Lean On Me Project. We cannot thank our members enough for their continued support of our MRC.

Finally, Kirk discussed with the membership about providing monthly training one afternoon or one Saturday each month. The training will be targeted toward the needs of the MRC or community at that time. All members agreed that this would assist with membership and with keeping folks engaged in our mission to help our neighbors.



## Background Screening Update

**Without a current background check, you cannot be deployed or participate in any activation or event.**

Our budget spending authority has been released and we are in the process of scheduling new and renewal Background Screenings. We will no longer be able to use our Central Office HR Hub, since the state no longer supports individual MRC units. So saving as much of our budget as we can for background screenings will be one of our focuses. We are required to complete Level 2 screening for those beyond the 4 year timeframe. The re-screening requires your fingerprints to be taken at a location here in Fort Walton Beach and must be scheduled at least one week in advance. We require that you resubmit the Live Scan Information Sheet, a good color copy of your Driver's License or ID and a color copy of your Social Security Card. Indicate on the Live Scan form what day and time would be best for you to get your fingerprints recorded. New members are required to have those initial fingerprints taken and submitted for review.

Again, if you are unable to continue your service to our MRC, we do understand. We just want you to let us know that you cannot or no longer want to be a part of the OWMRC. Send us an email and we will close your folder and move you to the inactive database.

## Please Welcome Our New Members

The Okaloosa-Walton Medical Reserve Corps welcomes the following new members that have joined this quarter:

**Dr. J.D. Bailey**

We have others who are currently in Researching Status and hope to have them on board soon. Upon completion of all training requirements and background screening, a new member receives a "Go-Pack" filled with response swag and reference materials, ID badge, T-shirt and Polo Shirt.

If you know anyone who would like to join us, please give them my email address and have them contact me, or forward this newsletter to them with the interest application on the back page. I will send them the information that will get them on the way to becoming a deployable OWMRC member! We need you and we need them!

## EVERBRIDGE Is Your Information Complete?

So, you are sitting at the dinner table or working during the day and you get a call on your cell or home phone. You look at the number on the display... **866-804-9169**. Another scam call? Telemarketers? Political poll?

**None of the above.** This phone number is from **Everbridge**, the alert and notification system your OWMRC uses to notify you of an activation or emergency, information about trainings or events, and for the state to reach out to volunteers for assistance with responses.

You may have registered for something similar, like *Alert Okaloosa* or *Alert Walton*. These are systems that each county uses to advise of severe weather or emergency events.

Each member of our OWMRC is loaded into the system and we use your information to populate certain fields. We then send you a link to the site where you can register your own login and password, and then provide the information requested while completing your member profile.

If you have any problems, we can help you! There is a video available that helps walk you through each step of the registration process. Here is the link to that

YouTube video, produced by DOH-Escambia:  
<https://www.youtube.com/watch?v=ux0qsjoP17c>

We can also talk you through the process if needed. Remember that there is an App for Everbridge for both the IOS and Android platforms. This App is excellent for receiving these alerts or messages.

What are we asking? Please go into your Everbridge Profile Account. Make any updates that are required and complete as much of the information as you possibly can. Important that you give us at least one personal contact (cell phone, text number, home phone, personal email, etc.) so we can contact you quickly.

We drill the system each quarter, with notifications going out during the day and in the evening. These drills give us the ability to gauge the response of our membership, and to see if the emergency messages are being seen by you!

**ONLY 25% OF OUR MEMBERS CONFIRMED THE CALL ABOUT ASSISTANCE AT THE HOST SHELTER FOR HURRICANE MICHAEL EVACUEES FROM COUNTIES AFFECTED BY THE MASSIVE STORM.**



## DOH-Okaloosa Partners with TFAH

The Florida Department of Health in Okaloosa County is pleased to announce its participation in the Florida Age-Friendly Public Health Collaborative and Action Network, facilitated by Trust for America's Health (TFAH) with generous funding from The John A. Hartford Foundation. The department and TFAH aim to identify and enhance the role of public health in improving the health and well-being of the older adults in our community.

In October 2017, TFAH brought together 30 experts in public health, aging, research and policy in Florida to explore how public health could contribute to the health and well-being of older adults. Convening participants developed a Framework for Creating an Age-Friendly Public Health System to advance public health's role in

addressing the challenges and opportunities of an aging society at the local, state and national levels. Through the Florida Age-Friendly Public Health Network, the department will be working with the Florida Department of Elder Affairs and community partners to identify priority health issues among our older adults. DOH-Okaloosa will receive tools, training resources, and technical assistance based on our unique needs. TFAH will be sharing the results of this initiative with public health stakeholders and policymakers across the country.

This collaborative effort will help Florida meet the unique public health needs of older adults. Our Lean On Me Project is an excellent example of how we can reach this population, and opening doors to provide even more services to our elderly citizens.

## OWMRC - Volunteer Spotlight!



**Amanda Pellegrino (Bower)**

*Why:* I joined the MRC because of Daniel Hahn...I was taking his Disaster Management course and in his class intro, he made mention of the MRC and how it was a wonderful group organization and volunteer opportunity. *What I get from the MRC:* I enjoy being a member of the MRC because it makes me feel like a part of the community and I have met some great people who hold various career positions. I also enjoy the extra classes and info sessions that MRC members are offered to be a part of. *What I want to see from the MRC:* In the future, I would like to see continued interest in the MRC for current members and increased interest by potential members. *Bio:* I was born and raised in middle Georgia and moved to Florida in 2007. I graduated in 2017 from the University of West Florida with an MPH. I am currently waiting tables in Seaside but hope to have a career in the area of epidemiology one day.

**Craig Boydston**



*Why:* I noticed a request for help from the MRC when I was renewing my license and I decided to respond. *What I get from the MRC:* A chance to associate with community focused professionals with a variety of talents whom I can learn from; a chance to help when/where the need in the community is greatest. *What I want to see from the MRC:* Volunteer response teams that are well prepared through training to handle emergencies and support the professional responders already in place. *Bio:* Licensed Clinical Social Worker; retired Army Guard (aviation); Married, four grown daughters and seven grandchildren. *Editor's Note:* In last quarter's newsletter, I failed to include Craig as being at the Feed the Need Event. He was there providing assistance, building over 151,000 meals to feed hungry folks. Thanks for your commitment Craig!

# DEPLOYABLE CERTIFICATES & GO-BAGS



Pat Casey



Teddy Scott



Deanna Schoenherr



Leonard Schoenherr



Diana Crowder



Ruby Carver



Bill Kanne

## OWMRC TOP HOURS



J.D. Bailey



Jasmine Selph



Peggy McDeavitt - 354.25hrs



Linda Epperson - 26hrs



Dale Bounds - 78hrs



Pat Casey - 12.5hrs



Bill Kanne - 32hrs

# OWMRC TOP HOURS



Kathy Graves - 144hrs

Members Not Pictured:  
Frank Goldstein - 21 hours  
Noelle Jeanminette - 26.5 hours  
Tony Labonte - 69.5 hours  
Terry Eisler - 14.5 hours  
Ester Molder - 10 hours

## OWMRC MISSION

To engage health care professionals in helping the community prepare for, respond to, and mitigate health and medical emergencies, natural or man-made disaster and other urgent public health needs by providing a group of trained, readily available volunteer professionals to supplement the local health and medical response system.

**We will cover  
Hurricane Michael  
in the next  
Responder Newsletter**

## OWMRC Upcoming Events and Needs

### TOYS FOR TOTS MOTORCYCLE RIDE FIRST AID BOOTH

The OWMRC has been asked to provide the First Aid Booth at the annual Toys for Tots Motorcycle Ride on Sunday, November 18, 2018. The ride ends at the Niceville Mullet Festival Grounds, and we will be operating from 11:30 a.m. till about 3:00 p.m. there.

If you are interested, send Kirk or Shayne an email. Medical and Non-medical folks are encouraged to attend and assist. If you like motorcycles, this is a great event. The Children's Advocacy Center (CAC) and Children in Crisis are the benefactors of this annual event.

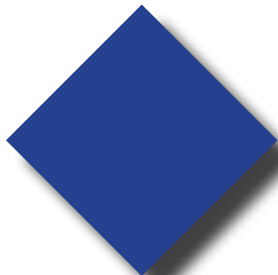


### OWMRC MONTHLY TRAINING SESSIONS

We will be providing MRC training sessions beginning in January of 2019. Mark your calendars for the first Monday and first Saturday of each month to attend a training session at the Health Department campus in Fort Walton Beach.

Each training session will last two to three hours, and each month will bring a different topic, with timely training for the group - Hurricane Preparedness, Medical Responses, current events, preparation for Points of Dispensing, Special Needs Sheltering, etc.

January's meeting will look at your training needs and ideas for 2019. See you there!  
*Notification to come with date and time of first classes.*



## Okaloosa-Walton Medical Reserve Corps & DOH-Okaloosa CELEBRATES WORLD HEART DAY

Okaloosa-Walton MRC and DOH-Okaloosa Staff participated in World Heart Day activities on September 29, 2018. The annual kickoff and 5K walk took place on the campus of Northwest Florida State College. About 500 people attended on a beautiful Saturday morning. The MRC was well represented to get the message of Hands Only CPR, Heart Health, and Lean On Me. Thanks to Bougie the EMS Lion and Superheart for making our day awesome!



**OWMRC Participants:**  
Robin Culberson, Terry Eisler,  
Christen Harris (Bougie the EMS  
Lion), Pat Casey, Jasmine Selph,  
Cesar Pinero, Terri Beck, Leonard  
Schoenherr.

**DOH-Okaloosa Participants:**  
Katie Scott, Marcus McCray, Kirk  
Webb, Kimberly Webb, Shayne  
Stewart, Trisha Dall (Superheart),  
Taela Cintron, Arianna Cintron,  
Kyndal Wiggins, Madison  
Wiggins, Dr. Karen Chapman.



## Training Website Links

Interested in some additional training? Want something to do when you can't sleep? Want to learn more without having to sit in a classroom? Consider checking out these Training Websites to get your learning on!

SERT TRAC: <https://trac.floridadisaster.org/TRAC/loginform.aspx>

MRC TRAIN: <https://www.mrc.train.org/DesktopShell.aspx>

FEMA: <https://training.fema.gov/>

You will need to register to get access, but it's free. Almost all classes you see are free to attend or take online. All you have to provide is your time! **HAPPY LEARNING!**

## STOP THE BLEED UNTIL HELP ARRIVES

The Uniformed Services University's National Center for Disaster Medicine and Public Health (NCDMPH) recently launched a new "Stop the Bleed" app, which is available for free on Google and Apple sites (links below). The app is designed to educate users on what to do in an emergency, how to determine the severity of bleeding, and how to correctly apply a tourniquet to stop bleeding.

With many MRC units leading "Stop the Bleed" and "Until Help Arrives" initiatives in local communities, we thought this would be a valuable resource for the network.

### "Stop the Bleed" App Available at:

<https://play.google.com/store/apps/details?id=edu.usuhs.stb>

<https://itunes.apple.com/us/app/stb/id1336173602?mt=8>

### Additional Online Resources

[Stop the Bleed Resources:](#) National public awareness and training campaign started by the White House in 2015 to encourage the general public to become trained, equipped, and empowered to help in a bleeding emergency.

[Until Help Arrives Curriculum:](#) Launched in 2017, educates the public about the important role it plays in providing immediate care to those who have experienced life-threatening injuries prior to the arrival of emergency services. Covers five main topics: call 9-1-1, protect the injured from harm, stop bleeding, position people so they can breathe, and provide comfort.

Be A Local Hero!

**VOLUNTEER  
TODAY**



**850-344-0575**

Florida Health Alert Network

<https://floridahealthalertnetwork.com/mrcvolunteer>



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No matter how rapid the arrival of professional emergency responders, bystanders will always be first on the scene. A person who is bleeding can die from blood loss within five minutes, so it's important to quickly stop the blood loss.

Remember to be aware of your surroundings and move yourself and the injured person to safety, if necessary.

**Call 911.**

Bystanders can take simple steps to keep the injured alive until appropriate medical care is available. Here are three actions that you can take to help save a life:

**1. Apply Pressure with Hands**

EXPOSE to find where the bleeding is coming from and apply **FIRM, STEADY PRESSURE** to the bleeding site with both hands if possible.



**2. Apply Dressing and Press**

EXPOSE to find where the bleeding is coming from and apply **FIRM, STEADY PRESSURE** to the bleeding site with bandages or clothing.



**3. Apply Tourniquet(s)**

If the bleeding doesn't stop, place a tourniquet 2-3 inches closer to the torso from the bleeding. The tourniquet may be applied and secured over clothing.



If the bleeding still doesn't stop, place a second tourniquet closer to the torso from first tourniquet.



The Stop the Bleed campaign was initiated by a federal emergency response convened by the National Security Council Staff, The White House. The purpose of the campaign is to build national resilience by better preparing the public to save lives by taking a series of basic actions to stop life-threatening bleeding following an injury, emergency, and man-made and natural disasters. Addresses made by military medicine and research in hemorrhage control during the war in Afghanistan and Iraq have informed the work of this initiative which exemplifies translation of knowledge back to the homeland to the benefit of the general public. The Department of the Defense owns the "Stop the Bleed" logo and phrase - trademark pending.



Homeland Security

Office of Health Affairs

### OWMRC Interest Form

Name (Last) (First) (Middle)

Mailing Address City State Zip

Work Telephone / Home Telephone / Cell Phone

Email: \_\_\_\_\_

What type of volunteer position are you interested in? \_\_\_\_\_

List any professional license, registration, or certificate you currently possess (include certificate/license number):

List any special skills, interests, or hobbies: \_\_\_\_\_

List any special considerations or needs: \_\_\_\_\_

List your most recent volunteer or employment experience: \_\_\_\_\_

How did you learn about the OWMRC? \_\_\_\_\_

Scan and email this form to OWMRC Team Leader Kirk Webb at [Robert.Webb@flhealth.gov](mailto:Robert.Webb@flhealth.gov)

or mail to: Robert "Kirk" Webb  
OWMRC Team Leader  
221 Hospital Drive, NE  
Fort Walton Beach, Florida 32548

