



SCHOOL AND SPORTS PHYSICAL RESOURCE GUIDE
FOR OKALOOSA COUNTY
2025



221 Hospital Dr. NW, Fort Walton Beach, FL 32548

Phone: 850-344-0660 ■ Fax: (850) 833-9258

Website: <https://okaloosa.floridahealth.gov> ■ Email: okaloosa-schoolhealth@flhealth.gov

About Florida Department of Health in Okaloosa County

DOH-Okaloosa works to protect, promote & improve the health of all people in Okaloosa County through integrated state, county, and community efforts. We focus on innovation, collaboration, accountability, responsiveness, and excellence to execute our mission. As such, we search for creative solutions and manage resources wisely, use teamwork to achieve common goals and solve problems, perform with integrity & respect, serving our customers and engaging our partners, and promote quality outcomes through learning and continuous performance improvement. Learn more at www.FloridaHealth.gov.

About Healthy Okaloosa Schools

The Healthy Okaloosa Schools program uses long-term, deep-impact partnerships with Okaloosa County schools to build the capacity of school-age youth, families, and school staff to support school-age youth health, safety, and well-being through sustainable programs and policies that support physical and emotional health of school-age youth.

Disclaimer: The Okaloosa County School and Sports Physical Resource Guide is intended to help link our community members to services. This resource guide may not reflect every provider in Okaloosa County. Inclusion of providers in this resource guide does not represent endorsement of the organization nor does exclusion of a provider represent lack of endorsement. If your organization would like to be added to this resource guide or need to update your listing please contact us at 850-344-0660 or okaloosa-schoolhealth@flhealth.gov.

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MEDICAL PHYSICAL EXAM REQUIREMENTS, 1003.22 F.S.

Upon initial entrance into a Florida public school each school aged child must present certification of a school entry medical examination performed within the twelve (12) months prior to enrollment in school.

IMMUNIZATION REQUIREMENTS

Before attending school in Florida (kindergarten through 12th grade), every student is required to have a current Florida Certification of Immunization (Form 680) on file at the school documenting required vaccination. The Florida Department of Health in Okaloosa County can provide these vaccinations and form to you at no charge. You can also go to your private health care provider.

FLORIDA DEPARTMENT OF HEALTH IN OKALOOSA COUNTY IMMUNIZATION SERVICES

Immunizations are by appointment only. Walk-ins will be provided the next available appointment. If you need a copy of immunization records from DOH-Okaloosa, no appointment is required; however, depending on clinic volume we may not be able to provide the documents immediately and the parent may need to return to pick it up. There is a \$15 fee for copy of immunization records, if not receiving an immunization by DOH-Okaloosa.

Locations: 221 Hospital Drive NE, Fort Walton Beach, FL 32548
810 E. James Lee Blvd., Crestview, FL 32539

Phone: 850-833-9246

Hours:	Fort Walton Beach	Monday and Wednesday
		7:30 a.m. to 10:30 a.m. 12:30 p.m. to 3:30 p.m.
	Fort Walton Beach	Tuesday
		7:30 a.m. to 10:30 a.m. 12:30 p.m. to 5 p.m.
	Crestview	Thursday
		7:30 a.m. to 10:30 a.m. 12:30 p.m. to 3:30 p.m.

[Comments] **SCHOOL AND SPORTS PHYSICALS RESOURCE GUIDE FOR OKALOOSA COUNTY
CRESTVIEW**

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
ABC Pediatrics of Okaloosa	600 Hospital Drive Crestview, FL 32539	(850) 689-0900	Copay	Copay	Yes	Yes	No Medicaid or marketplace insurance
Alpha Care Sports Chiropractic and Functional Medicine	1133 Industrial Dr, Crestview, FL 32539	(870) 623-4958	\$50	\$50	Yes	No	
Children's Clinic	160 E Redstone Avenue Crestview, FL 32539	(850) 689-0555	Copay or \$100-\$145	Copay or \$100-\$145	Yes	Yes	*Established patients only *Accepts Medicaid
Crestview Health Center	800 Hospital Drive Crestview, FL 32539	(850) 682-1164	Copay or Slide Fee based off household size (\$25-\$35 for eligible)	Copay or Slide Fee based off household size (\$25-\$35 for eligible)	Yes	Yes	*Established patients only *Accepts Medicaid
Crestview Health & Wellness Center	596 N Ferdon Blvd Crestview, FL 32536	(850) 306-3268	\$35	Not Offered	Yes	No	
Crestview Urgent Care	2400 S Ferdon Blvd Suite A Crestview, FL 32539	(850) 398-8668	\$65	\$65	No	No	

[Comments] **SCHOOL AND SPORTS PHYSICALS RESOURCE GUIDE FOR OKALOOSA COUNTY**

Hankison Family Chiropractic & Acupuncture	1455 S Ferdon Blvd Suite D2 Crestview, FL 32536	(850) 683-0000	\$50	\$50	Yes	No	
MinuteClinic in CVS	302 E James Lee Blvd Crestview, FL 32539	(850) 682-1002	\$99-139	\$74	Yes	No	
Progressive Chiropractic and Rehabilitation	502 S Main St. Crestview, FL 32536	(850) 398-8640	\$35	\$35	Yes	No	
Seaside Spine	610 Hospital Drive Crestview, FL 32539	(850) 460-2362	\$30	\$40	No	No	
Spine Life Chiropractic	1695 S Ferdon Blvd Crestview, FL 32536	(850) 398-8985	\$40	\$40	Yes	No	
White-Wilson Immediate Care	1332 N. Ferdon Boulevard Crestview, Florida 32536	850.634.6193	Established Patients \$40 or Copay New Patients \$60	Established Patients \$40 or Copay New Patients \$60	Yes	Yes	*Accepts some Medicaid
White-Wilson Medical Center Pediatrics	127 E. Redstone Avenue Unit B Crestview, FL 32539	(850) 398-8725	Established Patients \$40 or Copay New Patients \$60	Established Patients \$40 or Copay New Patients \$60	Yes	Yes	*Accepts some Medicaid
ProHealth	102 Alabama St., Suite B Crestview, FL, 32536	(850) 689-7592 (850) 689-2740	\$47	\$47	No	No	

[Comments] **SCHOOL AND SPORTS PHYSICALS RESOURCE GUIDE FOR OKALOOSA COUNTY
DESTIN**

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
Destin Chiropractic	4467 Commons Drive W Suite B Destin, FL 32541	(850) 460-2333	\$50	\$50	Yes	No	
Emerald Coast Chiropractic	501 Harbor Blvd Suite C Destin, FL 32541	(850) 654-1850	\$50	\$50	Yes	No	
Emerald Coast Urgent Care	12598 Emerald Coast Pkwy Suite 101 Destin, FL 32550	(850) 409-5823	\$40	\$40	No	No	
Regatta Chiropractic & Laser Center	4481 Legendary Drive Suite 150 Destin FL 32541	850-424-7856	\$40	\$40	Yes	Yes	* Accepts Medicaid
Seaside Spine	981 Highway 98 Suite 9 Destin, FL 32541	(850) 460-2362	\$30	\$40	No but preferred	No	
White-Wilson Immediate Care	990 Airport Road Destin, Florida 32541	850.269.6400	Established Patients \$40 or Copay New Patients \$60	Established Patients \$40 or Copay New Patients \$60	Yes	Yes	* Accepts some Medicaid
White-Wilson Medical Center Pediatrics	990 Airport Road Destin, FL 32541	(850) 269-6400 *Option 4	Established Patients \$40 or Copay New Patients \$60	Established Patients \$40 or Copay New Patients \$60	Yes	Yes	*Accepts some Medicaid

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Beachside Chiropractic and Wellness	36468 Emerald Coast Pkwy, Ste 11101 Destin, FL 32541	850-460-2085	\$50	\$50	Yes	No	
Doctors Direct of Destin	175 Main Street #173 Destin, FL 32540	850-861-3949	\$250 if done in patient's home; \$50 if done on site through the school athletic department	\$250 if done in patient's home; \$50 if done on site through the school athletic department (no extra charge if school and sports physicals are done at the same time)	Yes, can schedule same day though.	No	Doctors Direct of Destin is a mobile medicine practice that comes to you to perform your exam in the comfort of your own home at the time you choose.

FORT WALTON BEACH

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint Required	Insurance Accepted	Notes
Bridgeway Health Clinics	137 Hospital Drive Fort Walton Beach, FL 32548	(850) 226-8857	Fee based on sliding scale	Fee based on sliding scale	Yes	Yes	*Established patients only *Booked until June 2024 *Only accepts Medicaid, Tricare, and Non-insured.
Drs. Frisbee & Kracht Family Chiropractic	119 Truxton Avenue Fort Walton Beach, FL 32547	(850) 862-4313	Copay or \$40	Copay or \$40	Yes	Yes	*Most days are available for same day appointment.

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Gulf Coast Immediate Care Center	345 Miracle Strip Pkwy SW Fort Walton Beach, FL 32548	(850) 244-3211	\$65	\$65	No	Yes	
Fort Walton Beach Chiropractic	315 NE Racetrack Road Fort Walton Beach, FL 32547	(850) 200-4911	\$40	\$40	Yes	No	*The business has Spanish speaking employees
Magnolia Medical Clinic	319 Green Acres Road #101 Fort Walton Beach, FL 32547	(850) 243-7681	Established Patients Copay	Established Patients Copay	Yes	Yes	*Established patients only
M&M Chiropractic	350-D Racetrack Road NW Fort Walton Beach, FL 32547	(850) 863-1920	\$35	\$45	No	No	
Nightingale Health Care	158 Eglin Pkwy Suite 107 Fort Walton Beach, FL	(850) 533-6244	\$100	\$100	Yes	No	
ProHealth	224 Eglin Pkwy NE Fort Walton Beach, FL 32547	(850) 243-2900	\$47	\$47	No	No	
Quality Urgent Care	514 Mary Esther Cutoff NW Fort Walton Beach, FL 32548	(850) 226-8550	\$60	\$60	No	No	*Accepts patients 3 years and older
Saint George Medical Center Inc.	1118 Hospital Road Fort Walton Beach, FL 32547	(850) 862-3415	\$175	\$175	Yes	Yes	*Pays copay instead of \$175 if established patient with insurance
White Sands Integrative Medical	24 Beal Pkwy SW Fort Walton Beach, FL 32548	(850) 226-6728	\$45	\$60	Yes	Yes	*Accepts patients 4 years old and older only.

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White-Wilson Immediate Care	1005 Mar-Walt Drive Fort Walton Beach, Florida 32547	(850) 863-8219	Established Patients \$40 or Copay New Patients \$60	Established Patients \$40 or Copay New Patients \$60	Yes	Yes	*Accepts Medicaid
White-Wilson Medical Center Pediatrics	1005 Mar Walt Drive Fort Walton Beach, FL 32547	(850) 863-8100 *Press 4	Established Patients \$40 or Copay New Patients \$60	Established Patients \$40 or Copay New Patients \$60	Yes	Yes	*Accepts Medicaid
Coastline Medical Services	1817 Lewis Turner Blvd Suite F Fort Walton Beach, FL 32547	(850) 396-1110	Established Patients \$40 or Copay New Patients \$60	Established Patients \$40 or Copay New Patients \$60	Yes	Yes	

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LAUREL HILL

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
Floralia Clinic	24245 Fifth Ave Floralia, AL 36442	(334) 790-0270	\$25	\$25	Yes	No	

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MARY ESTHER

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
Integrity Chiropractic	431 E Hollywood Blvd Mary Esther, FL 32569	(850) 864-5300	\$40	\$40	No	No	*Recommends making appointment
Meadows Wellness Clinic	151 Mary Esther Blvd Suite 403 A Mary Esther, FL 32569	(850) 226-8117	\$35	\$35	Yes	Yes	*Tri-care insurance only but has to be an established patient
MinuteClinic in CVS	71 Mary Esther Blvd Mary Esther, FL 32569	(850) 301-0677	\$89	\$69	Yes	No	*Schedule appointment online *Bring completed health history and immunization record
Seaside Spine	208 Mary Esther Blvd Mary Esther, FL 32569	(850) 460-2362	\$30	\$40	No	No	*Located inside Coastline Medical - Suite 1 *Recommends making appointment

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NICEVILLE**

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
American Family Care	1394 John Sims Pkwy E Niceville, FL, 32578	(850) 517-1920	\$85	\$35	No	Yes	*Accepts FL Medicaid *Doesn't accept Humana Medicaid
Beachside Pediatric Associates, P.A.	490 Highway 85 N Suite A Niceville, FL 32578	(850) 424-6208	\$95 or Copay	\$95 or Copay	Yes	Yes	
Core Chiropractic Center	1550 E John Sims Pkwy Niceville, FL 32578	(850) 678-8048	\$50	\$50	Yes	No	
Emerald Waters Medical Clinic	1005 W College Blvd Suite B Niceville, FL 32578	(850) 279-6815	\$60	\$60	Yes	Yes	*Accepts Medicaid
Henard Family Chiropractic, Inc.	4566 Highway 20 E Suite 205 Niceville, FL 32578	(850) 897-1105		Established Patients \$30	Yes	Yes	*Accepts Medicaid *Only sports physicals
Lynn Keefe, MD Pediatrics	2600 Partin Drive N Building 300 Suite 320 Niceville, FL 32578	(850) 279-6260	Copay or \$35 if insurance doesn't cover	Copay or \$35 if insurance doesn't cover	Yes	Yes	*Established patients only *Only accepting newborn patients
Niceville Urgent Care	906 Palm Blvd S Niceville, FL 32578	(850) 517-9851	\$65	\$65	No	No	*Only accepts insurance for school physicals.
Pediatrics of Okaloosa	1001 W College Blvd Suite C Niceville, FL 32578	(850) 678-9009	\$60 or Copay	\$60 or Copay	Yes	Yes	

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Platinum Chiropractic	902 B Palm Blvd Niceville, FL 32578	(850) 307-0035	\$40	\$40	No	No	
Pro-Active Chiropractic	4591 Highway 20 E Suite 201 Niceville, FL 32578	(850) 279-4913	\$40	\$40	Yes	No	
Spine Life Chiropractic	600 John Sims Pkwy Niceville, FL 32578	(850) 729-8050	\$40	\$40	Yes	No	
White Wilson Medical Center at Bluewater Bay	2001 E Highway 20 Niceville, FL 32578	(850) 729-4641	Established Patients \$40 or Copay New Patients \$60	Established Patients \$40 or Copay New Patients \$60	Yes	Yes	

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SHALIMAR

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
Coastal Chiropractic Dr. Brad Young	1270 N Eglin Pkwy Shalimar, FL 32579	(850) 613-2044	\$35	\$35	Yes	No	

[Comments] **SCHOOL AND SPORTS PHYSICALS RESOURCE GUIDE FOR OKALOOSA COUNTY
VALPARAISO**

Provider	Address	Phone	School Physical Cost	Sports Physical Cost	Appoint. Required	Insurance Accepted	Notes
Growing Green Families	127 John Sims Parkway Suite B Valparaiso, FL 32580	(850) 696-0363	Copay	Copay	Yes	Yes	*Online appointment scheduling available *Only accepts established patients